

West Bengal State University

Curriculum and Credit Framework for Undergraduate Programs Based
on
National Education Policy, 2020

DEPARTMENT OF HUMAN DEVELOPMENT

4-year Undergraduate Programme (Honours/Honours with Research)

3-year Multidisciplinary UG Programme Draft Syllabus and Modality of Evaluation as decided by
the UG-BOS

MAJOR & MINOR/CORE

FOR LAB BASED SUBJECTS: 3CR THEORY + 2CR PRACTICAL

MARKS ALLOTTED: 50 (ENDSEM) + 50 (PRACTICAL + INTERNAL)

PASSMARKS: FOR SUBJECTS WITH PRACTICAL THE STUDENT WILL HAVE TO SECURE 40% MARKS IN PRACTICAL AND 40% IN THEORETICAL TO QUALIFY.

QUESTION PATTERN AS DECIDED BY UG-BOS

END SEM (THEORY)

MARKS- 50

SI No	Question Type	Options	Marks Division	Marks
1	10 Very Short type Questions	15	1x10	10
2	5 Short Type Questions	8	2x5	10
3	2 Short Notes	4	5x2	10
4	2 Long Questions	3	10x2	20

4-year Undergraduate Programme(Honours/Honours with Research)

HUMAN DEVELOPMENT (MAJOR)

SEMESTER-III

Syllabus as decided by the UG-BOS

Psychological Bases of Human Development(Semester-3)						
Course Type	Credit	Credit distribution of the Course				Marks (Theory+Practical)
		Lecture	Tutorial	Practical	Total	
Major- DS3	5	3	0	2	5	50+50=100

DS-3

Core Course – HMDDSC303T –Theory: Psychological Bases of Human Development

Full Marks- 50

Credit- 3

UNIT-I

1. Intelligence – Definition, nature of intelligence, origins of intelligence testing
2. Intelligence- Types of intelligence tests; Guilford’s theory; Bruner’s theory.
3. Emotion – Definition, basic emotions of fear, anger and love, universal aspects of emotions
4. Emotion - Adaptive functions,Schachter-Singer theory.

UNIT-II

1. Personality – Definition, influencing factors, role of social norms in personality development.
2. Personality - Tests of personality; Eysenck’s theory; Five-Factor theory.
3. Socialization- Definition, Types of Socialization, Theories of Socialization: a.Charles Horton Cooley, b. George Herbert Mead
4. Socialization - Agencies of socialization, Gender differences in socialization.

References:

1. Bhushan, V., and Sachdeva, D.R. An Introduction to Sociology. New Delhi: Kitab Mahal.
2. Freeman, F. (1965). Psychological testing. New Delhi: Oxford and IBH.
3. Gangopadhyay, M. (2021). Manab Bikash o Bikash Manobidya. Kolkata: Avenel Press.
4. Ghosh, P., Gupta, A. And Bhattacharya, P. (2022). Manab Bikasher Ruprekha. Kolkata: Suhrid.
5. Morgan, C.T., King, R. A., Weisz, J.R. and Schopler, J. (1987). Introduction to psychology 7thEd., New York: McGraw – Hill.

6. Roy, Sushil. Shiksha manovidya.

Core Course HMDDSC303P – Practical: Psychological Bases of Human Development

Full Marks- 50

Credit-2

1. Assessment of intelligence of a child using a psychological test.
2. Assessment of emotions.
3. Assessment of Personality: Children's Personality Test; Kundu Neurotic Personality Inventory.
4. Assessment of Socialization.

Practical: Evaluation Method

Evaluation Method: Internal and End Semester Assessment (25 marks+25 marks=50 Marks)

END SEMESTER PRACTICAL:(Evaluation by External Examiner,WBSU)

(TotalMarks:25)

Practical Activities: 15Marks (Acitivity based-Exam)

Viva-Voce: 5Marks

Laboratory Note Book and Materials : 5Marks.

❖ **INTERNAL ASSESSMENT: (Evaluation by Internal Examiner,College) (Marks: 25)**

- **Continuous Assessment/ Internal Assessment (CA/IA) : Marks-20**
 - a) Practical Activities:10Marks
 - b) Viva-Voce:5Marks
 - c) Laboratory Notebook and Materials:5Marks.
- **Attendance** (considering both the theory and the practical classes) **Marks-5**

SEC

HMDHSE303T/HMDGSE303T: RESOURCES AND SUSTAINABLE DEVELOPMENT

Credits: 3 (Theory- 3)

Theory

1. Introduction to concept and dimensions of sustainable development, SDGs.
2. MDGs and challenges to sustainable development (Climate and Global Change, Energy, Water Resources, Population, Economic Development, etc.)
3. Development of an awareness programme on sustainable consumption practices for masses.

References:

1. Formica, P. (2020). Nature's Voice: Health and Humanities Chicago: bioGraph. ISBN 1951946103.
2. James Paul with Magee, Liam; Scerri, Andy; Steger, Manfred B. (2015). Urban Sustainability in Theory and Practice: Circles of Sustainability. London: Routledge.
3. Rogers, P., K.F. Jalal, and J.A. Boyd (2007). An Introduction to Sustainable Development. Routledge.
4. Vallerio, Daniel (2006). Paradigms lost: Learning from environmental mistakes, mishaps and misdeeds. Boston: Butterworth-Heinemann.

MDC

Credits – 3 (Theory -2, Practical – 1)

HMDHMD303T/HMDGMD303T- PREVIEW TO HUMAN DEVELOPMENT

1. Human development and the need to study it; Roles of heredity and environment in human development; Concepts of growth and development; The life span approach to human development.
2. Conception; Prenatal development, Birth of the baby – the characteristics of the neonate; care of the neonate.
3. Infancy – highlights of development; caring for the infant
4. Highlights of developmental characteristics and developmental tasks in childhood, adolescence, adulthood and old age.

HMDHMD303P/HMDGMD303P- PREVIEW TO HUMAN DEVELOPMENT

1. Planning the diet of an expectant / a lactating mother; preparation of a diet chart.
2. Making play materials suitable for infants and children (puzzle, riddle, solving anagram, rubik's cube).
3. Assessing and preparing charts on growth and physical development in infancy and childhood.
4. Preparing picture / story books for infants and children.

References:

1. Berk, L. E. (1996). Child development. New Delhi:Prentice Hall.
2. Gangopadhyay, M. (2021). Manab Bikash o Bikash Manobidya. Kolkata: Avenel Press.
3. Ghosh, P., Gupta, A. And Bhattacharya, P. (2022). Manab Bikasher Ruprekha. Kolkata: Suhrid.

4. Hurlock, E.B.(2007). Developmental psychology: A life– span approach. New Delhi : Tata McGraw – Hill.
5. Mussen, B. Conger,J.J., Kagan,J. and Huston, A. C. (1990). Child development and personality. New York : Harper and Row.
6. Papalia, D.E. , Olds, S.W. and Feldman, R.D. (2006). Human development.9th Ed. New Delhi: Tata McGraw- Hill

Syllabus for Minor Human Development Course (MA) according to NEP, 2020

MA3

Course Code: HMDMIN303T/HMDCOR303T: THEORY- PSYCHOLOGICAL BASES OF HUMAN DEVELOPMENT

Full Marks- 50

Credit-3

1. Intelligence – Definition, nature of intelligence, origins of intelligence testing, types of intelligence tests.
2. Emotion – Definition, adaptive functions, basic emotions of fear, anger and love, universal aspects of emotions.
3. Personality – Definition, influencing factors, role of social norms in personality development, tests of personality.
4. Socialization- Definition, agencies of socialization, gender differences in socialization.

References:

1. Bhushan, V., and Sachdeva, D.R. An Introduction to Sociology. New Delhi: Kitab Mahal.
2. Freeman, F. (1965). Psychological testing.New Delhi : Oxford and IBH.
3. Gangopadhyay, M. (2021). Manab Bikash o Bikash Manobidya. Kolkata: Avenel Press.
4. Ghosh, P., Gupta, A. And Bhattacharya, P. (2022). Manab Bikasher Ruprekha. Kolkata: Suhrid.
5. Morgan, C.T., King, R. A., Weisz, J.R. and Schopler, J. (1987). Introduction to psychology 7th Ed., New York: McGraw – Hill.
6. Roy,Sushil. Shiksha manovidya

Course Code : Practical- HMDMIN303P/HMDCOR303P: PSYCHOLOGICAL BASES OF HUMAN DEVELOPMENT

Full Marks- 50

Credit-2

1. Assessment of intelligence of a child using a psychological test.

2. Assessment of emotions.
3. Assessment of Personality: Children's Personality Test; Kundu
Neurotic Personality Inventory.
4. Assessment of Socialization

Practical: Evaluation Method

Evaluation Method: Internal and End Semester Assessment (25 marks+25 marks=50 Marks)

END SEMESTER PRACTICAL:(Evaluation by External Examiner,WBSU)

(TotalMarks:25)

Practical Activities: 15Marks

Viva-Voce: 5Marks

Laboratory Note Book and Materials : 5Marks.

❖ INTERNAL ASSESSMENT: (Evaluation by Internal Examiner,College) (Marks: 25)

- **Continuous Assessment/ Internal Assessment (CA/IA) :** **Marks-20**
 - a. Practical Activities:10Marks
 - b. Viva-Voce:5Marks
 - c. Laboratory Notebook and Materials:5Marks.
- **Attendance** (considering both the theory and the practical classes) **Marks-5**

HUMAN DEVELOPMENT (MAJOR)

SEMESTER-IV

Syllabus as decided by the UG-BOS

CREDIT DISTRIBUTION (SEMESTER-IV)						
Course Type	Credit	Credit distribution of the Course				Marks (Theory+Practical)
		Lecture	Tutorial	Practical	Total	
Major- DS4	5	3	0	2	5	50+50=100
Major- DS5	5	3	0	2	5	50+50=100
Major- DS6	5	3	0	2	5	50+50=100
Major- DS7	5	3	0	2	5	50+50=100

DS-4

Core Course – HMDDSC404T –Theory: Psychological Assessment and Statistics

Full Marks- 50

Credit- 3

UNIT-I

1. Psychological test – Definition and major types.
2. Standardization of psychological tests; concepts of reliability, validity and norms.
3. Tabulation and frequency distribution of data.

UNIT-II

1. Graphical representation of data – types; advantages and disadvantages of each type.
2. Concept, major types, uses and computational techniques of the measures of central tendency.
3. Measures of variability.

References:

1. Freeman, F. (1965). Psychological testing. New Delhi : Oxford and IBH.
2. Kothari, C.R. (2001). Research methodology: Methods and techniques. New Delhi: Wishwa Prakashan.
3. Roy, S. Shiksha manavidya.
4. Ghosh, P., Gupta, A. And Bhattacharya, P. (2022). Manab Bikasher Ruprekha. Kolkata: Suhrid.

Core Course HMDDSC404P – Practical: Psychological Assessment and Statistics

Full Marks- 50

Credit-2

1. Determination of reliability and validity and establishment of norms of a psychological instrument.
2. Construction of frequency distribution and exercises on graphical representation of data.
3. Calculation of measures of central tendency.
4. Calculation of measures of variability

Practical: Evaluation Method

Evaluation Method: Internal and End Semester Assessment (25 marks+25 marks=50 Marks)

END SEMESTER PRACTICAL:(Evaluation by External Examiner,WBSU)

(TotalMarks:25)

Practical Activities: 15Marks (Acitivity based-Exam)

Viva-Voce: 5Marks

Laboratory Note Book and Materials : 5Marks.

❖ **INTERNAL ASSESSMENT: (Evaluation by Internal Examiner,College) (Marks: 25)**

- **Continuous Assessment/ Internal Assessment (CA/IA) : Marks-20**
 - a. Practical Activities:10Marks
 - b. Viva-Voce:5Marks
 - c. Laboratory Notebook and Materials:5Marks.
- **Attendance (considering both the theory and the practical classes) Marks-5**

DS-5

Core Course – HMDDSC505T –Theory: Marriage and Family Relations

Full Marks- 50

Credit-3

Unit-I

1. Family - Concepts, forms and types; changing pattern of family: Structural and Interactional changes; Functions of family.
2. Marriage and Some Important Issues – Marriage in different religious communities of India, Gender roles, childlessness, dowry and divorce, Marital adjustment; Marital counseling.

Unit-II

1. Contemporary Family patterns and Relationships- Dual career families, Singlehood, Cohabitation, Single Parent families.
2. Legislation with reference to India: Marriage; Divorce; Domestic violence

References:

1. Ahuja, R. Social Problems in India. Rawat Publications.
2. Bhushan, V., and Sachdeva, D.R. An Introduction to Sociology. New Delhi: Kitab Mahal.
3. Ghosh, P. Shishu O Paribar Kalyan Ebong ECCE. Kolkata: Suhrid.
4. Ghosh, P., Gupta, A. And Bhattacharya, P. (2022). Manab Bikasher Ruprekha. Kolkata: Suhrid.
5. Kar, P. B. Samaj Tatwer Ruprekha. Kolkata: New Central Book Agency.
6. Saraswati, T.S & Kaur, B. (Eds.) 1993. Human Development and Family Studies:An agenda for research and policy : New Delhi: Sage Publication
7. Sussman, M.B. & Steinmetz, S.K. & Peterson, G.W. (1999). Handbook on Marriage and family. New York, NY: Springer.
8. Walsh, B.A. and others (2017). Introduction to Human Development and Family Studies. Taylor and Francis.

Core Course HMDDSC505P – Practical: Marriage and Family Relations

Full Marks- 50

Credit-2

Evaluation Method: Internal and End Semester Assessment (25 marks + 25 Marks=50 Marks)

1. Seminar Based on any one topic on Marriage and Family Relations

Practical: Evaluation Method

Evaluation Method: Internal and End Semester Assessment (25 marks+25 marks=50 Marks)

END SEMESTER PRACTICAL:(Evaluation by External Examiner,WBSU)

(TotalMarks:25)

Power Point Presentation: 15Marks

Viva-Voce: 5Marks

PPT File: 5Marks.

❖ INTERNAL ASSESSMENT: (Evaluation by Internal Examiner,College) (Marks: 25)

- **Continuous Assessment/ Internal Assessment (CA/IA) : Marks-20**
 - a. Power Point Presentation: 10Marks
 - b. PPT File: 10 Marks
- **Attendance (considering both the theory and the practical classes) Marks-5**

DS-6

Core Course – HMDDSC606T –Theory: The Child with Special Needs

Full Marks- 50

Credit-3

Unit-I

1. Definitions – Disability, Challenge and Special Needs. Incidence and Prevalence of Disability in India. Persons with Disabilities Act.
2. The Child with Intellectual Challenge – Definition, Assessment, Classification, Causes and

Rehabilitation.

3. The Child with Auditory Challenge – Definition, Assessment, Classification, Causes and Rehabilitation.

Unit-II

1. The Child with Visual Challenge – Definition, Assessment, Classification, Causes and Rehabilitation.

2. The Child with Learning Disability – Definition, Classification, Causes and Management.

3. Developmental Challenge – The Child with Autism, Causes and Management.

References:

1. Gangopadhyay, M. (2022). Bikashmulok Pratibandhakata: Nirdeshana o Paramarshadan Paddhati. Kolkata: Avenel Press.
2. Ghosh, P., Gupta, A., and Bhattacharya, P. (2022). Manab Bikasher Ruprekha. Kolkata: Suhrid.
3. Kirk, S.A. (1970). Educating exceptional children. Indian Edition. New Delhi: Oxford and IBH.
4. Morgan, C.T., King, R. A., Weisz, J.R. and Schopler, J. (1987). Introduction to psychology 7th Ed., New York: McGraw – Hill.
5. Skinner, C. Educational psychology.

Core Course HMDDSC606P– Practical: The Child with Special Needs

Full Marks- 50

Credit-2

1. Working with and organizing activities for children with special needs.
2. Meeting families of children with special needs to plan an intervention programme.
3. Case study of a child with special needs.
4. Visit to institutions of children with special needs.

Practical: Evaluation Method

Evaluation Method: Internal and End Semester Assessment (25 marks+25 marks=50 Marks)

END SEMESTER PRACTICAL:(Evaluation by External Examiner,WBSU)

(TotalMarks:25)

Practical Activities: 15Marks (Activity based Exam)

Viva-Voce: 5Marks

Laboratory Note Book and Materials : 5Marks.

❖ **INTERNAL ASSESSMENT: (Evaluation by Internal Examiner,College) (Marks: 25)**

- **Continuous Assessment/ Internal Assessment (CA/IA) :** **Marks-20**
 - a. Practical Activities:10Marks
 - b. Viva-Voce:5Marks

c. Laboratory Notebook and Materials:5Marks.

- **Attendance** (considering both the theory and the practical classes) **Marks-5**

DS-7

Core Course – HMDDSC707T –Theory: Guidance & Counselling

Full Marks- 50

Credit-3

Unit-I

1. Fundamentals of Guidance and Counseling of children – Definitions, types and techniques.
2. Children with developmental psychopathology - a) Internalizing Disorders – Anxiety disorder, Childhood Depression: Symptoms, causes, scope for guidance and counselling.
b) Externalizing Disorders- Conduct disorder, Attention Deficit Hyperactivity disorder: Symptoms, causes, scope for guidance and counselling.

Unit- II

1. Problems and scope of Guidance and Counselling of street children and child prostitutes.
2. Problems and scope of Guidance and Counselling of children of AIDS patients, children of prostitutes and children of prisoners.

References:

1. Baroah,P. Child Welfare.
2. Devi, L. Encyclopedia of Child Welfare Vol (I-VI).
3. Gangopadhyay, M. (2022). Bikashmulok Pratibandhakata: Nirdeshana o Paramarshadan Paddhati. Kolkata: Avenel Press.
4. Ghosh, P. Shishu O Paribar Kalyan Ebong ECCE. Kolkata: Suhrid.
5. Ghosh, P., Gupta, A., and Bhattacharya, P. (2022). Manab Bikasher Ruprekha. Kolkata: Suhrid.
6. Madan, G. R. Indian Social Problems.
7. Mussen, P., Conger, J., Kagan, J. and Huston, A.C. (1990).Child development and personality. New York: Harper and Row.
8. Rane, A. (Ed.) (1994). Street children: A challenge to the social work profession. Bombay: TISS.
9. Rane, A. et al. (1980). Children in difficult situations in India: A review. Bombay : TISS.
10. Roy,S. Shiksha manovidya.

Core Course HMDDSC707P– Practical: Guidance & Counselling

Full Marks- 50

Credit-2

1. Preparation and use of child behaviour observation checklists.
2. Assessment of aptitude and interest using psychological tests.

3. Case study of a child with developmental psychopathology or in difficult circumstances.
4. Guidance and counseling of a child with developmental psychopathology or in difficult circumstances.

Practical: Evaluation Method

Evaluation Method: Internal and End Semester Assessment (25 marks+25 marks=50 Marks)

END SEMESTER PRACTICAL:(Evaluation by External Examiner,WBSU)

(TotalMarks:25)

Practical Activities: 15Marks (Activity based Exam)

Viva-Voce: 5Marks

Laboratory Note Book and Materials : 5Marks.

- ❖ **INTERNAL ASSESSMENT: (Evaluation by Internal Examiner,College) (Marks: 25)**
- **Continuous Assessment/ Internal Assessment (CA/IA) : Marks-20**
 - a. Practical Activities:10Marks
 - b. Viva-Voce:5Marks
 - c. Laboratory Notebook and Materials:5Marks.
 - **Attendance (considering both the theory and the practical classes) Marks-5**

Semester-IV

Syllabus for Minor Human Development Course (MB) according to NEP, 2020

Course Code: HMDMIN404T/HMDCOR404T- Theory - DISABILITY AND CHILDHOOD PROBLEMS

Full Marks- 50

Credit-3

1. Disability – Definition, characteristics of disabled children, major types of disabilities: causes, diagnosis and remedies. Adjustment at home and school.
2. Behaviour problems – Definition. Causes of and remedies for behaviour problems in children: thumb sucking, bedwetting, fear, anxiety, shyness, temper tantrum, stealing, lying and truancy.
3. Guidance and counselling of disabled children and children with behaviour problems through different stages of development.

References:

1. Gangopadhyay, M. (2022). Bikashmulok Pratibandhakata: Nirdeshana o Paramarshadan Paddhati. Kolkata: Avenel Press.
2. Ghosh, P., Gupta, A., and Bhattacharya, P. (2022). Manab Bikasher Ruprekha. Kolkata: Suhrid
3. Kirk, S.A. (1970). Educating exceptional children. Indian Edition. New Delhi: Oxford and IBH.
4. Morgan, C.T., King, R. A., Weisz, J.R. and Schopler, J. (1987). Introduction to psychology 7th Ed., New York: McGraw – Hill.
5. Skinner, C. Educational psychology.

Course Code: HMDMIN040P/HMDCOR404P - Practical DISABILITY AND CHILDHOOD PROBLEMS

Full Marks- 50

Credit-2

1. Visit an institution for disabled children and write a report.
2. Visit to guidance and counselling centres for children with behaviour problems and report writing.
3. Case study of a challenged child.
4. Case study of a child with behaviour problems

Practical: Evaluation Method

Evaluation Method: Internal and End Semester Assessment (25 marks+25 marks=50 Marks)

END SEMESTER PRACTICAL:(Evaluation by External Examiner,WBSU)

(TotalMarks:25)

Practical Activities: 15Marks (Activity based Exam)

Viva-Voce: 5Marks

Laboratory Note Book and Materials : 5Marks.

❖ **INTERNAL ASSESSMENT: (Evaluation by Internal Examiner,College) (Marks: 25)**

- **Continuous Assessment/ Internal Assessment (CA/IA) :** **Marks-20**
 - a. Practical Activities:10Marks
 - b. Viva-Voce:5Marks
 - c. Laboratory Notebook and Materials:5Marks.
- **Attendance** (considering both the theory and the practical classes) **Marks-5**

INTERNSHIP

Internships can be done in the specified organizations or any other organization selected by the respective colleges

1. Usha Stuti Society – BE 141, BE Block, Sector 1 Bidhannagar, Kolkata 64, West Bengal
2. Scope(Anando Pathshala) – scopeaneffort@gmail.com
3. Hope Kolkata Foundation – 39 Panditiya Place, Dover Terrace, Ballygunge, Kol - 29
4. Rahi – info@rahifoundation.org
5. Shaktivahini – shaktivahini@gmail.com
6. VERS(Vikramshila Education Resource Society) – 256B, Prince Anwar Shah Road, Lake Gardens, Jodhpur Colony, Kol – 45